



The Maples Childcare Centre Lunch Program

Time to order November 2 – December 4 Lunches!!

Please select or circle for each day the lunch you would like to order for your child.
Please fill out separate forms if you are ordering lunch for more than one child.
Please make all cheques payable to **The Maples School**.

List Food Allergies:

All Lunches \$5.50 each
Milk, Juice or Cookie \$1.00 each

Name and grade Method of payment: Cash Cheque E-transfer Total Enclosed: _____

All orders are due by October 20, 2020 NO EXCEPTIONS!

Monday	Tuesday	Wednesday	Thursday	Friday
2 <input type="checkbox"/> <i>Pasta Bolognese, Vegetable Medley, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	3 <input type="checkbox"/> <i>Egg and Cheddar Cheese Bake, W/W/ Bread Green Peas, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	4 <input type="checkbox"/> <i>Chicken, Egg and Rice Stir Fry, Broccoli, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	5 <input type="checkbox"/> <i>W/W Breaded Chicken Pieces, Brown Rice, Green Beans, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	6 <input type="checkbox"/> <i>PD Day No School</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK
9 <input type="checkbox"/> <i>Breaded Chicken, Whole Grain Pasta, Peas and Corn, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	10 <input type="checkbox"/> <i>Teriyaki Fish Filet, Brown Rice, Vegetables, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	11 <input type="checkbox"/> <i>Remembrance Day No School</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	12 <input type="checkbox"/> <i>Tomato Bean Soup, W/W Baguette, Carrots, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	13 <input type="checkbox"/> <i>Turkey Macaroni and Cheese, Peas, Fruit.</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK
16 <input type="checkbox"/> <i>Chicken and Vegetable Stew, Diced Carrots and Turnip, Fruit.</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	17 <input type="checkbox"/> <i>Turkey Meatballs in Gravy, Brown Rice, Green Beans, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	18 <input type="checkbox"/> <i>Bean and Rice Burrito, W/W Wrap, Shredded Cheese, Vegetable, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	19 <input type="checkbox"/> <i>Scrambled Egg, W/W Wrap, Shredded Cheese and Lettuce, Peas, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	20 <input type="checkbox"/> <i>Chicken Cacciatore Stew, Whole Grain Pasta, Peas and Corn, Fruit.</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK
23 <input type="checkbox"/> <i>Beef and Broccoli Stir Fry, Brown Rice, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	24 <input type="checkbox"/> <i>Breaded Fish Sticks, W/W Wrap, Green Beans, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	25 <input type="checkbox"/> <i>Turkey Burger, Whole Grain Bun, Cheese Slice, Broccoli, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	26 <input type="checkbox"/> <i>Cheddar Cheese Omelet, W/W Bread, Carrots, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	27 <input type="checkbox"/> <i>Beef Lasagna, Peas and Corn, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK
30 <input type="checkbox"/> <i>Pasta Bolognese, Vegetable Medley, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	Dec. 1 <input type="checkbox"/> <i>Egg and Cheddar Cheese Bake, W/W/ Bread Green Peas, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	Dec. 2 <input type="checkbox"/> <i>Chicken, Egg and Rice Stir Fry, Broccoli, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	Dec. 3 <input type="checkbox"/> <i>W/W Breaded Chicken Pieces, Brown Rice, Green Beans, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK	Dec. 4 <input type="checkbox"/> <i>Turkey in Coconut Curry, Brown Rice, Green Salad, Fruit</i> <input type="checkbox"/> C <input type="checkbox"/> W <input type="checkbox"/> A <input type="checkbox"/> O <input type="checkbox"/> F <input type="checkbox"/> CK

Key: C = chocolate milk W = white milk A = apple juice 100% pure O = orange juice 100% pure F = fruit juice 100% pure CK = cookie (large)